

What do worms eat?

Your kitchen scraps, including:

- ~ Potato and carrot peels
- ~ Coffee grounds and tea bags
- ~ Apple cores
- ~ Celery stalks
- ~ Lots of other good stuff!

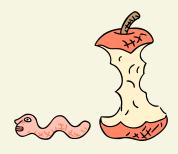




A worm bin is a place to compost your kitchen scraps. It doesn't need much room, and anyone can make one!



- ~ Bedding (usually shredded paper)
- ~ Worms
- ~ Food scraps
- ~ Small amount of soil
- ~ Other microscopic bugs!



Why should you have a worm bin?

~ Keep food scraps out of the landfill.





~ Provides an endless supply of fishing bait!





~ Makes a great fertilizer for plants.





Why should you have a worm bin?

Fun to watch the worms (and other little critters) at work!



What should NOT go into a worm bin?

- ~ Dairy products
- ~ Bread
- ~ Meat or cheese
- ~ Citrus fruit
- ~ Onions



Fruit rinds, coffee grinds
Bread crust, wilted lettuce
Trash them? NO!
To the compost bin they
should go.
Where worms will munch
On your leftover lunch
Making free fertilizer so

Your garden may grow.

